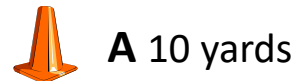
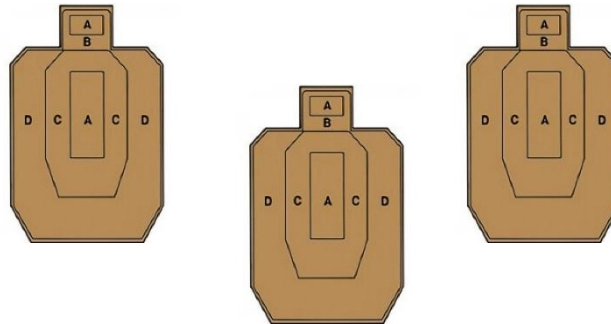


9 Shot Drill



Target set up: Cone A 10 yards from target, cone B 5 yards. Targets 1 yard apart, center target 1 yard in front .

Version 1 Cone B: On signal shoot all target 3 shots each, starting with the center target 1st . **PAR: 3 seconds.**

Version 2: Cone A: shoot 3shots each target, starting with center target, then immediately start moving forward to cone B, shooting while moving 3 shots each starting with center target. Total 18 shots. **PAR: 8 seconds.**

Penalties: C zone .5sec, D zone 1 second, miss 5 seconds.